

JOB TITLE:	Case Worker
REPORTS TO:	YCSP Manager
HOURS:	Flexible hours required working 37.5 hours/week
SALARY	\$23.28 -27.29 hourly

THE PROGRAM:

YCSP (Youth Community Support Program) is a new cross-ministry initiative between Boyle Street Community Services (BSCS) and Alberta Health Services (AHS). Our mission is to provide community-based, intensive mental health treatment that is empowering, collaborative and client-centered, for youth and their families who have frequently accessed tertiary services without experiencing functional improvement.

YCSP supports holistic youth recovery in a safe, respectful environment, where youth and families are included and valued. YCSP supports the positive identities of youth and families by recognizing their skills, strengths, successes and resources. Our responsive programming is based upon The Wellness Model and Dialectical Behaviour Therapy principles. YCSP is a wraparound service designed to support skill development, social involvement and active citizenship. We respect and empower families to cultivate their own healthy environments and communities.

JOB PURPOSE:

The Case Worker will work in partnership with other Case Workers and the Clinical Team (Occupational Therapists, Counsellors, Clinical Supervisor and Psychiatrist) to support youth with acute mental health challenges (13-17), and their families. The Case Worker uses the Wellness Model to encourage healthy lifestyle alternatives through community supports and recreational participation. As a member of the YCSP team, your primary responsibility is to provide youth and families with the supports necessary to meet their treatment and wellness goals. Flexible work hours required

KEY AREAS OF RESPONSIBILITIES:

- Coordinate with multidisciplinary team to assist youth that have acute mental health challenges, and their families, to lead healthier lives
- Utilize a harm-reduction and strength-based perspective to develop new, and strengthen existing formal and natural supports
- Enhance the youth and family's connection to, and knowledge of, community resources, services and support youth to increase their physical, spiritual, intellectual, social, emotional, and financial wellness
- Assist in the development and revision of goal plans
- Attend weekly case conference meetings
- Co-Facilitate Dialectical Behavior Therapy (DBT) skills groups, in partnership with a clinical team
- Support Clinicians in disseminating, translating, and practicing DBT material when needed and in alignment with outreach deliverables
- Provide crisis intervention and safety planning
- Respect and meet the various cultural needs of program participants



- Assist in program development to enhance life skills to support independence (building healthy relationships, emotional regulation, sexual health, distress tolerance etc.)
- Build positive relationships with related community agencies/partners
- Contribute to social and community programming for youth and facilitate as needed
- Perform other related duties as assigned by the YCSP manager or assistant manager

QUALIFICATIONS:

Education, Experience & Knowledge:

- Diploma or Degree in Human Services is desirable but equivalent education will be considered; minimum of two years' experience working with youth and families
- An in-depth understanding of treating mental health in the community
- Experience facilitating groups independently and in partnership with team members
- Experience utilizing strength-based, harm-reduction, trauma-informed and client-centered practices
- Experience working in cross-disciplinary teams an asset

Skills, Abilities and Attitudes:

- Demonstrate effective time management skills, strong professional and quick and efficient problem-solving skills. Must be able to balance a small but complex case load.
- Exceptional ability to connect with people from various backgrounds, who have experienced significant barriers to services and programs.
- Excellent inter-personal and communication, de-escalation abilities, and crisis management.
- Understand harm-reduction, client-focused and strength-based practices.
- Demonstrate commitment, enthusiasm and creativity in providing support to youth and families with complex mental health needs.
- Good working knowledge of data entry systems, computer programs and report writing.
- Able to walk, stand, sit, drive, reach, lift, climb stairs, pushing, pulling, reaching, crouching and squatting may be required sometimes. Environment may include dust and noise.

Required:

- Must have a reliable vehicle, driver's license, insurance and registration and be able to provide a clean drivers abstract
- Will need to produce a Police Information Record Check and Child Intervention Check
- Ability to work flexible hours is essential (including evenings and some weekends)

Boyle Street Community Services values diversity and welcomes applications from First Nation, Inuit, Métis, New Canadian, racialized, differently abled and LGBTQIA2S communities.

To Apply

Please email your resume and cover letter to: hr@careersforcommunity.ca. Please include YCSP Case Worker in the Subject Line of the email. Please state in the cover letter how you heard about the position.

Closing Date: Open until position is filled.